

Self-Discovery...

Before knowing what college and what career is right for you, you need to know who you are and how you are uniquely shaped. As you discover your authentic self, God begins to reveal his intimate knowledge of how He knit you together and how He desires to use you to glorify Himself and build His Kingdom.

Knowing “who you are” helps discern the “best fit” for life after high school.

Define your SHAPE. *Keys to finding and pursuing your unique purpose.*

<https://www.freeshapetest.com>

<https://justpurpose.wordpress.com/2014/03/04/s-h-a-p-e-keys-to-finding-and-pursuing-your-unique-purpose/>

- Spiritual Gifts – How has God gifted you spiritually?
- Heart/Passion – What stirs your heart’s affection?
- Abilities – What abilities and skills has God given you?
- Personality – What is your character, nature, disposition?
- Experiences – What are your life experiences?

Questions to drive your brainstorming...

- *What is your favorite thing to do?*
- *What inspires you?*
- *What are the first words that come to mind when asked to describe yourself?*
- *Are you a morning or night person?*
- *Do you like peace and quiet or hustle and bustle?*
- *What one thing are you known for in your family?*
- *Who has been a mentor in your life? Describe your relationship.*
- *What has been your greatest challenge in high school?*
- *What are your weaknesses academically?*
- *What subjects have you excelled in?*
- *Do you prefer a large lecture class or a small discussion group?*
- *Is it important to you to have close relationships with your teachers?*
- *Why are you going to college?*
- *Is there a career you are intent on pursuing? If so, tell me more...*
- *If you took a year off before college, what would you do?*
- *What balance of study, activities and social life are you looking for?*
- *Is there an activity you insist on pursuing in college?*
- *Are you ready to live far from home?*
- *Do you like being around people like yourself or do you prefer a more diverse community?*